

Welcome to Sequoia Physical Education!

What do I do with my uniform?

1. Print your name on your shirt and shorts with a permanent marker. Your name should be printed as shown. Print your last name first, then your first name. Be sure to write very neatly. Here is an example:

Sample, Suzy

Where do I meet my teachers on the first day of class?

On the first day of class you will meet your teacher in front of the gym. If you don't know who your teacher is, don't worry!! Each teacher will be holding a sign with his/her name on it. When you find your teacher, wait in line for further instructions.

What do I bring on the first day of class?

1. Three-ring binder (This is brought to class with you every day)
2. Physical Education Uniform
3. Physical Education Lock (The black One)



* You will be getting your physical education locker on the first day of class so make sure you bring your uniform and lock so you can start putting your locker to use!!! It's a really good idea to make sure you know how to open your combination lock beforehand! 😊